

Protocol

Multi-Lysate Western Blotting

Reagents Required

Product	Preparation	Item No.
UltraPure Sterile Water		MB-009-1000
Endogenous, stimulated and/or transgenic cell lysates.		
1X RIPA Lysis Buffer	Add 1X protease and phosphatase inhibitors just before use. Keep on ice.	MB-030-0050
Appropriate transfer cell and power supply		
2X SDS-PAGE Sample Buffer without DTT or β-ME		MB-018
10X PBS pH 7.2	Make 1X solution by diluting with UltraPure Sterile Water. Keep on ice.	MB-008
10X SDS-PAGE Running Gel Buffer or 10X Tris-Glycine	Make 1X solution by diluting with UltraPure Sterile Water.	MB-017 / MB- 029-1000
Opal Prestained Protein Standard 10-245kDa or 10- 180kDa		MB-210-0500 / MB-209-0500
Tween-20 Ultra Pure		TW0020
1X TBS Buffer with 1% Casein	Make Blocking Buffer by adding Tween-20 to a final concentration of 0.1%.	MB-082-0100
10X TTBS pH 7.5 (1.0 M Tris HCl 1.5 M Sodium Chloride 0.1% (v/v) Tween-20)	Make 1X solution by diluting with UltraPure Sterile Water.	MB-013
10X TBS pH 7.5 (1.0 M Tris HCl 1.5 M Sodium Chloride)	Make 1X solution by diluting with UltraPure Sterile Water.	MB-012
Anti-RABBIT IgG (H&L) (GOAT) Antibody Peroxidase Conjugated		611-103-122
Anti-MOUSE IgG (H&L) (RABBIT) Antibody Peroxidase Conjugated		610-1319
Anti-Goat IgG (H&L) (Rabbit) Antibody Peroxidase Conjugated		605-4302
Chemiluminescent FemtoMax™ Super Sensitive HRP Substrate	Mix the two components in a 1:1 ratio just before use.	FEMTOMAX- 020

Procedure for Cell Lysis

- 1. Grow cells to optimal confluency in appropriate growth medium.
- 2. Remove growth medium, gently rinse cells with ice-cold 1X PBS. Discard PBS.
- 3. Add 0.5 mL of ice-cold 1X RIPA Lysis Buffer or 2X SDS-PAGE Sample Buffer per 1 x 10^7 cells (approximately 0.5 mL for a sub-confluent 100 mm plate or 75 cm² flask, 0.7 mL for a 150 cm² flask). Incubate 5 minutes

www.rockland.com Page 1 of 3

on ice.

Note: Alternatively, non-stimulated cells can be trypsinized and washed with ice-cold PBS before lysis.

- 4. Dislodge cells using a cell scraper and transfer to a tube. Keep on ice.
- 5. Disrupt cells and shear DNA by sonication using two 7-second, 50W pulses with a 20-second interval per ~0.5-mL sample on ice.
- 6. Clarify by high-speed centrifugation for 10-15 minutes at $\sim 15,000 \times g$, 4° C.
- 7. Transfer the resulting supernatants (whole cell lysates), which contain the protein to be examined, to fresh, precooled microcentrifuge tubes.
- 8. If 1X RIPA Lysis Buffer was used, take a 10-μL aliquot of each extract and determine protein concentration. **Note:** The protein concentration of each sample should be determined so that the amounts of proteins from the different samples can be compared. When resuspended in 2X SDS-PAGE Sample Buffer, determining protein concentration is difficult due to the presence of interfering compounds with most colorimetric protein assays.
- 9. Snap-freeze the supernatant in labeled, chilled tubes; store at -70°C until needed for electrophoresis, transfer, and detection steps.

Note: Extracts prepared in this manner may be stored for months at -70°C without appreciable degradation of target when avoiding repeating freeze/thaw cycles.

Procedure for SDS-PAGE Sample Preparation and Separation

- 1. Determine the best gel to use according to the molecular weight (MW) of the protein of interest:
 - Use 4-8% gels to separate proteins 100 to 500 kDa in size.
 - Use 4-20% gels to separate proteins 10 to 200 kDa in size.
- 2. If using a lysate already in Sample Buffer, thaw lysate and transfer 25 μ L of lysate to a clean pre-labeled microcentrifuge tube. Add reducing agent (β -ME, DTT or TCEP) as needed and mix well by pipetting.
- 3. Transfer any other protein samples to clean pre-labeled microcentrifuge tubes and bring to optimal concentration with UltraPure Sterile Water. Add an equal volume of 2X Sample Buffer and reducing agent as needed.
- 4. Place all samples into a heating block (set to 95°C) or water bath. Heat samples for 5 minutes.
- 5. Clarify by high-speed centrifugation for 3 minutes to pellet any debris.
- 6. Prepare gel, electrophoresis equipment and fill with 1X SDS-PAGE Running Gel Buffer as required.
- 7. Start by loading 5 μ L of the Protein Standards and continue loading 10–35 μ g of lysate, or 50–100 ng of purified protein, per lane. Use gel-loading tips to help to avoid cross-contamination between lanes. Use a clean tip for each sample.
- 8. Allow the gel to electrophorese for 45–90 min (120–150V). Stop the run immediately after the dye front migrates out from the bottom of the gel.

Procedure for Protein Transfer and Immunoblotting

- 1. Transfer proteins onto 0.2 μ m or 0.45 μ m nitrocellulose or PVDF membrane as recommended for the specific product. Use forceps and wear gloves.
- 2. Block membrane in Casein blocking buffer for 30 minutes at room temperature, with gentle mixing using an orbital shaker.

www.rockland.com Page 2 of 3

- 3. Incubate overnight at 4°C with gentle mixing in 5–10 mL blocking buffer containing primary antibody diluted as recommended in CofA.
- 4. Wash the blot 5 times for 5 minutes each with 10–15 mL of TTBS.
- 5. Incubate blot 60 minutes at room temperature with gentle mixing in 5–10 mL of blocking buffer containing HRP-conjugated secondary antibody at 1:10,000–1:30,000 (or as specified in the CofA if otherwise).
- 6. Wash the blot 5 times for 5 minutes each with 10–15 mL of TTBS.
- 7. Add 5–10 mL of Chemiluminescent HRP Substrate and proceed to protein detection with the system of preference.

Rockland products are for research use only and are not intended for therapeutic or diagnostic applications. Please contact a technical service representative for more information. All properties listed are typical characteristics and are not specifications. All suggestions and data are offered in good faith but without guarantee as conditions and methods of use of our products are beyond our control. All claims must be made within 30 days following the date of delivery. Suggested uses of our products are not recommendations to use our products in violation of any patent or as a license under any patent of Rockland Immunochemicals, Inc. If you require a commercial license to use this material and do not have one, then return this material, unopened to: Rockland Immunochemicals, Inc., P.O. BOX 5199, Limerick, Pennsylvania 19468, USA.

© 2025 Rockland Immunochemicals, Inc. All rights reserved.

www.rockland.com Page 3 of 3